



## Strong and Positive Relationships: Parents and Their School-Age Children

### Attention Parents!!

Are you wanting to learn skills and techniques to replace old and unwanted parenting patterns for more caring and nurturing ones? Would you like to learn positive ways to communicate with your children?

We have tools to guide you through your parenting journey.

Find the answers to your questions at our Parenting Classes presented by:



Topics include:

- Encouraging Appropriate Behavior
- Expectations and Development of Children
- Understanding and Handling Stress
- Recognizing and Understanding Feelings
- Parenting Strengths

Kids are like a mirror. What they see and hear they do. Be a good reflection for them.

-K. Heath



Project VIDA, Parenting Education Programs  
3607 Rivera Ave. El Paso, TX 79905 (915) 533-7057 x213 [www.pvida.net](http://www.pvida.net)