

Project Vida Health Center
Community Psychiatry Residency
Graduate Medical Education Policies and Procedures

Moonlighting

APPROVED: 3/1/2022,7/26/2023

EFFECTIVE: 7/26/2023

REVISED: 7/1/2023

Purpose: To establish guidelines for decisions concerning Resident involvement in Moonlighting. Moonlighting is defined as a professional activity (either reimbursed or non-reimbursed) outside the education program that comprises the residency at PV.

Policy:

Moonlighting is defined as participating in any medical activity beyond the scope of the residency program, including outside remunerative activity (External Moonlighting). PV does not provide professional liability insurance coverage for External Moonlighting. Because residency education is a full-time endeavor, each resident is discouraged, in general, from engaging in moonlighting. However, in the event any moonlighting does occur, it shall not interfere with the obligation and ability of the resident to fulfill the goals and objectives of the educational program and must be approved in writing in advance by the Program Director. This approval will become part of the resident's file. All moonlighting must be counted toward the 80-hour weekly limit on duty hours.

1. **Internal Moonlighting.** Internal moonlighting is defined as an activity within the scope of the TTUHSC residency program, affiliated hospital, and/or a non-hospital primary clinical site(s).
06.05.03External Moonlighting. External moonlighting is defined as voluntary, compensated, medically related work performed outside the institution and/or scope of the resident program where the resident is in training
2. **Visa and Moonlighting.** Anyone holding a J-I Visa is prohibited by federal law from earning extra money or outside remuneration while in resident training, i.e., moonlighting. Therefore, any resident holding a J-1 Visa is prohibited from participating in any moonlighting activity, internal or external.
3. **Moonlighting Not Required.** No resident may be required to perform moonlighting or internal moonlighting.
4. **PGY-1 Moonlighting.** PGY-1 residents are not permitted to moonlight.
5. **Oversight of Moonlighting by Program Director.**
 - A. Each program must have written policies and procedures consistent with the Institutional and Program Requirements for resident duty hours and the working environment. These policies must be distributed to each resident and faculty.

B. Each Program Director shall monitor a resident's training and performance during any time s/he is moonlighting. Monitoring of duty hours is required with frequency sufficient to ensure an appropriate balance between education and service.

C. Back-up support systems must be provided when patient care responsibilities are unusually difficult or prolonged, or if unexpected circumstances create resident fatigue sufficient to jeopardize patient care.